

The Cozy Winter Bedroom Planner

A Simple Plan to Layer a Warm, Festive Bed Without Overspending

1. Measure Your Bed First

Sheets, quilts and comforters are all sold by bed size, and sheet pockets are sold by mattress depth. Measure before you shop so nothing arrives too small.

What to measure	How	Your number
Mattress size	Twin, full, queen or king	
Mattress depth	Top to bottom, including any topper	
Bed length and width	Edge to edge, for the quilt or comforter drop	
Pillow count	How many pillows you sleep and style with	

- Compare your mattress depth with the pocket depth on each sheet listing.
- Check the quilt or comforter size on the product page against your bed size.

2. The Cozy Bed Layer Plan

Layer	What it does	What I picked
Sheets	The first layer on your skin, warm fabric makes the biggest difference	
Quilt or comforter	Your main festive or plaid statement	
Throw at the foot	A quick extra layer on cold nights	
Pillow covers	A small holiday touch that is easy to swap	

- Pick one pattern piece and keep the rest solid or neutral.
- Keep one throw within arm's reach of the bed.

3. The Care Label Cheat Sheet

Item	Check the label for
Flannel sheets	Wash temperature, drying heat, and whether lint is normal in the first washes
Quilt or comforter	Machine washable or not, and whether it needs a large washer
Sherpa and faux fur throws	Gentle cycle, and whether you can use the dryer
Heated blankets	How to detach the controller before washing

Pillow covers	Cold wash and zipper care
---------------	---------------------------

- Read the care label on every new piece before the first wash.
- Wash new bedding before you use it.

4. The Holiday Bed Swap Checklist

- Strip the bed and wash the mattress pad.
- Put on the warm base sheets and smooth the corners.
- Add the festive quilt or comforter and fold it back at the top.
- Layer the pillows and add the holiday covers.
- Fold a throw at the foot of the bed.
- Store your holiday pieces in a clean, dry bag when the season ends.

5. My Bedding Budget

Piece	Budget I set	Budget pick or luxe upgrade?	Done
Sheets			
Quilt or comforter			
Throws			
Pillow covers			

- Start with the piece you will use every night.
- Add the extras one at a time as your budget allows.