

The Cozy Throw Blanket Planner

Pick, Size and Care for the Throws You Reach for Every Evening

1. Where Will the Throw Live?

Write down each spot that needs a throw and how it is used.

Spot	Who uses it	Size to look for
Couch	One person or two	50 x 60 for one, 60 x 80 for two
Armchair	Reading chair	50 x 60
Foot of the bed	Evening layer	50 x 60 or larger
Desk or home office	Cold shoulders	Wearable or small throw
Guest room	Visitors	Machine washable, neutral color

- Measure the couch arm to arm and the bed foot to edge before you buy.

2. Match the Fabric to Your Evening

Problem	Try this fabric	Check first
Always cold	Sherpa, faux fur or a heated throw	Outlet nearby for heated
Runs hot at night	Cotton waffle or muslin	100% cotton on the label
Restless mind	Weighted blanket	About 8 to 12 percent of body weight
Pets on the couch	Smooth flannel fleece	Lint roller on hand
Sofa looks flat	Plaid, checkered or chunky knit	Colors that match the room

3. Care Checklist

- Read the care label before the first wash.
- Wash fleece and sherpa cold and skip fabric softener.
- Dry on low and shake the throw out before folding.
- Air dry faux fur and minky if the label says so.
- Keep heated throws unplugged when you wash them, and let them dry fully.
- Keep a basket or shelf so throws are folded, not piled.

4. Throw Budget

Spot	Budget	Priority (1 to 3)	Bought?
Couch throw			
Bed layer			
Comfort or weighted blanket			
Guest throw			
Total			

- Start with the spot you use most.
- Add a second throw only after you wash the first one a few times.