

The Calm Bedroom Sanctuary

Nightstand Declutter Blueprint

1. The Top-of-Nightstand 3-Item Limit Rule

A nightstand top should hold no more than 3 items: a lamp, a charging spot, and one book or dish. Everything else migrates to a drawer, an under-bed container, or a wall shelf. This single rule is what separates a hotel-calm nightstand from a cluttered one.

If an item hasn't earned its place on the surface in the last week, move it off before you add anything new.

2. The Under-Bed Dust-Free Storage Container Guide

Container Type	Best For	Access
Rolling wheeled drawer	Extra bedding, linens	Slides out fully, easy
Zippered flat bag	Off-season clothing	Sealed, less frequent
Clear wheeled bin	Shoes, small items	See-through, quick grab

3. Evening Wind-Down Cord Concealment Tips

- Route the charging cable behind the nightstand leg, not across the top, so it's invisible in low light.
- Use one multi-device charging station instead of three separate cables and wall bricks.
- Anchor loose cords with a magnetic clip on the underside of the nightstand shelf.
- Keep the charging spot in the back corner so your phone doesn't dominate the visible surface.
- Do a 2-minute cord check each Sunday: re-seat anything that's worked loose during the week.