

The 20-Minute Speed Cleaning

Master Routine

1. The Clockwise Room-Sweeping Method

Start at the room's entrance and work in one continuous clockwise loop, never crossing back over ground you've already cleaned. This single habit is what separates a 20-minute clean from an hour of backtracking: pick a start wall, move right, and don't stop until you're back where you began.

Carry a small caddy with your all-purpose paste, a microfiber cloth, and your spin scrubber or steam cleaner so you never have to walk away mid-loop to grab a tool.

2. Top-to-Bottom Dust Trapping Sequence

Zone	Tool	Time
Ceiling fans & vents	Extendable duster	2 min
Shelves & baseboards	Retractable gap cleaner	3 min
Countertops & cooktop	Miracle cleaning paste	4 min
Windows & sliding tracks	Groove cleaning brush	3 min
Floors	Microfiber mop	5 min
Sofas & rugs	Reusable pet-hair roller	3 min

3. Weekly 5-Minute Maintenance Checklist

- Wipe down the cooktop and sink with cleaning paste right after cooking, before grease bakes on.
- Run the microwave steam cleaner once a week so splatters never get the chance to harden.
- Roll the pet-hair remover over sofas and rugs every other day if you have shedding pets.
- Keep a pumice stone by the toilet so mineral rings get scrubbed the moment they appear.
- Do a 2-minute window-track pass monthly; grooves collect dust far faster than flat surfaces.
- Recharge cordless tools overnight the day before your weekly deep clean, not the morning of.